



Journey of the Luminous Heart

Medicine Wheel Class of the South

The Journey of the Luminous Heart is not always an easy path, but it is filled with wonder and insight. Awaken the inner healer in you by saying “yes” to spirit when you are called. The South class in the Medicine Wheel is all about clearing our past, turning our old traumas into power, and increasing our intuition. On this incredible journey, you will learn how to test and clear your chakra system, and release the “pain body” from your energy field. Explore the language of your soul as you connect with your essential nature and discover the “luminous you”, free from the past. Learn to create and hold sacred space while exploring your inner world.

The class will be held at the beautiful Green Valley Spa in St. George, Utah, where you will delight in the peaceful surroundings, bright stars, and support of nature.

Friday, August 27, 9:00 am – 7:00 pm
Saturday, August 28, 9:00 am – 9:00 pm
Sunday, August 29, 1:00 pm – 5:00 pm

Supplies: You will need 3 small stones (ones that fit in the palm of your hand), a cloth pouch, a pendulum, and a rattle. Please feel free to bring flutes and drums for fire ceremonies. Please go to www.munay-ki.org for information about the ceremonies. Also, it is customary to dress for ceremony and bring a small gift for receiving each of the great rites. Due to the nature of the healing, the ending times for class are estimated.

Class taught by Angela Mandato LMT, NCTBMB

Angela is a Metis Clan Mother, Reiki Master, Reconnective Healing Practitioner, Regression Therapist, Light Body practitioner, Evolution Facilitator, and Shaman. She has studied with energy medicine experts from around the globe and has worked directly with the ancient wisdom keepers of the Andes Mountains. She is a graduate of the “Healing the Light Body School” taught by Dr. Alberto Villoldo and Soul Communication by Bill Bauman.

Please call Angela for registration and information about the class (435) 680-0717

Class price is \$400 (cash, check, credit card welcome)

“I highly recommend this profound class! I discovered how easy it can be to shed all of my baggage and even that of my ancestors. I feel like a new woman!” Anne-Marie Mirante, St. George, UT